

**WE ARE - ORGANIC – HOME MADE – SUPPORTING
LOCAL FARMERS - ETHICALLY SOURCED**
(Our bread is made by hand and from scratch every morning)

Sandwich Menu

Choose from organic home baked rolls brown or white, or pitta

	<u>Eat Out</u>	<u>Eat In</u>
Salad (vg)	£2.10	£2.30
Cucumber and mint (vg)	£1.90	£2.25
Hummus, grated carrot and cucumber (vg)	£2.30	£2.55
Hummus, salad, chutney and pine nuts (vg)	£2.45	£2.75
Dahl, broccoli and Jerusalem artichoke (vg)	£2.45	£2.75
Roast beef with salad and horseradish	£2.95	£3.35
Roast beef with mashed potato and gravy	£3.25	£3.85
Thick cut ham, grain mustard, lettuce and tomato	£2.95	£3.35
Thick cut ham, egg, goats' cheese, mayo and lettuce	£3.25	£3.85
Blue cheese, red grape, lettuce (v)	£2.95	£3.35
Goats' cheese, red pepper and mushroom (v)	£2.95	£3.35
Bacon, goats cheese, red pepper and mushroom	£3.35	£3.85
BLT	£2.95	£3.35
Bacon, grilled tomato and basil	£2.95	£3.35
Sausage, blue cheese, and apple	£3.35	£3.85
Sausage, apple and mash	£3.25	£3.85
Cheddar, salad, apple and sweet pickle (v)	£2.95	£3.35
Peanut butter and banana (v)	£2.20	£2.45
Banana (vg)	£2.00	£2.25
Peanut butter and jam (v)	£2.00	£2.65